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**The only charity registered
in England and Wales
dedicated to children's sleep**

Doncaster Sleep Service

Parents and Carers

We offer:

- One to one sleep clinic appointments to support your child to get a better night's sleep
- Sleep workshops where you can meet other parents and learn more about helpful strategies
- Drop in sessions where you can meet a sleep practitioner for informal advice

Your child must be registered with a Doncaster GP or live within the Borough and be over 12 months of age

Practitioners

We offer:

- Accredited sleep workshops for Doncaster Practitioners who would benefit from understanding more about common sleep problems, to enable you to offer support and advice to parents/carers, as part of your daily work.

Over 40% of children experience sleep issues

Our sleep service has been established in Doncaster for over 2 years

Most sleep issues are resolved with our support within 5 weeks

Our practitioners are trained to offer specialist support for children with SEND

For dates, venues and to book an appointment,
please contact the Children Sleep Charity
on 07912 667676

or email: office@thechildrensleepcharity.org.uk

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